

Decatur Swim Club November 23, 2008 Weekly Newsletter

Practice Schedule

Week of November 23, 2008:

There will be normal practice on Monday and Tuesday, along with practice on Wednesday morning. The rest of the week there will be no practice because of Thanksgiving! I will e-mail workouts to everyone so swimmers who have access to a pool can swim if they have some time during the holiday.

(All practices are held at Millikin's pool.)

Upcoming Meet Info:

December 5-7th:

Bloomington Normal Swim Club

All info is on the bulletin board and posted on website. Next Monday, all of the swimmers' entries, along with directions and meet times, will be placed in the swimmers' mailboxes.

January 2-4th

Seth Dunscomb Meet

Make sure to reserve this date on your calendar. This is our big home meet that is great for all the swimmers to race in, and we need all the parents' support and help for it to be a success!

Notes from Coach Kat:

Our High School Girls did a great job at Sectionals! We had some great swims and best times. Macy Genenbacher dropped over 40 seconds on her 500 freestyle! Be sure to tell all of the girls congrats and check out their results on our board. I'm very proud of all of them!

The Bloomington meet is coming up, and we can't wait. The kids have been doing great at practice, working hard to perfect their races, and gain even more speed.

Swimmers of the Week

A special round of applause for our two swimmers of the week...**Kendall Albert** and **Natalie Miller!!!!**

Kendall is an awesome swimmer! She comes to practice whenever she can and works really hard. She has also been working at remembering her times and trying to beat them in practice. Kendall is one of the first swimmers in the pool, and does the whole practice without complaining or getting out...not to mention while always having a smile on her face! What a great example to everyone else!

Natalie Miller is another swimmer who gets in the pool right away and finishes her warm-up, ready to start practice.

None of the coaches have ever seen Natalie sit out of a hard set or complain, and she works hard from the beginning of practice till the very end. Some of her hard-work paid off at High School Sectionals. She really swam well, and her breaststroke is looking good and getting faster! Natalie is a wonderful leader for our team, and everyone loves having her at practice!

I'm very proud, not only of both of their swimming accomplishments, but who these girls are as people. They are both truly kind, hard-working, motivated individuals who will go far in life...and of course become AMAZING swimmers if they keep up their excellent work! Great Job!!!!

HAPPY THANKSGIVING from all of the DSC Coaches!! Have a wonderful time with your families and eat plenty of turkey!!!

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