

Decatur Swim Club December 14, 2008 Weekly Newsletter

Practice Schedule

Week of December 14, 2008:

8 & Under:

Mon, Wed, & Fri. 6 pm - 7 pm

9 & 10:

Mon, Wed, & Fri. 6 pm - 7:30 pm

11 & 12:

Mon. - Fri. 6 pm - 8 pm

13 & Over:

Mon. - Fri. 5:30 pm - 8 pm

Masters:

Mon. - Fri. 5:30 am - 7 am

(All practices are held at Millikin's pool.)

Upcoming Meet Info:

January 2-4th

Seth Dunscomb Meet

If you haven't volunteered to help out at this meet, please do so. This meet can only be a success with everyone's help! Swimmers' entries will be posted on the bulletin board this week.

February 6-8th

Groundhog Invite

IU Natatorium - Indianapolis, IN

This is a wonderful pool to race in and a great time for the swimmers and parents alike! If at all possible, please reserve these dates in your calendar! When the date approaches, I will send out an e-mail asking for which swimmers will be able to swim.

Notes from Coach Kat:

The pool is blue and beautiful, and we are getting ready for our home meet! We will have normal practice times this week, and once school is out I will start having doubles for the older swimmers. The schedule for practice times next week,

along with the date and time for our Christmas party will be e-mailed shortly.

Quite a few swimmers have left behind caps and/or goggles that end up missing. If you find anything in the locker room that is left behind, please bring it to one of the caches before it gets picked up or thrown away. We all know how no one likes to lose their goggles!

Swimmers of the Week

A special round of applause for our two swimmers of the week...Chloe **Toussaint** and **Nathan Smith**!!!!!!

Chloe is a joy to have at practice and meets. This last weekend she had some outstanding swims, went some best times, and really did a great job! She was also a huge help on the pool deck, with everything from timing, to writing events on swimmers' hands, and making sure the little ones were at the bull pen in time. I don't know what I would have done without her! Chloe is also an individual who comes to practice whenever she can, works hard, and is a great leader in her lane. Her talent combined with her hard work and leadership make her an important part of our team!

Nathan Smith also had an amazing weekend. He has really started working hard in practice despite how tough it can sometimes be. This showed at the meet when he swam some of his personal best times, which can be hard. Some of the highlights were his 100 backstroke where he dropped 8 seconds, and his 100 free, where he dropped 3 seconds. Nathan is a swimmer who is really good about focusing on technique and wanting to know any way he can possibly improve his swimming. He is fun to be around, and a great swimmer!

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