

Decatur Swim Club December 8, 2008 Weekly Newsletter

Practice Schedule

Week of December 8, 2008:

8 & Under:

Mon, Wed, & Fri. 6 pm - 7 pm

9 & 10:

Mon, Wed, & Fri. 6 pm - 7:30 pm

11 & 12:

Mon. - Fri. 6 pm - 8 pm

13 & Over:

Mon. - Fri. 5:30 pm - 8 pm

Masters:

Mon. - Fri. 5:30 am - 7 am

(All practices are held at Millikin's pool.)

Upcoming Meet Info:

January 2-4th

Seth Dunscomb Meet

This is our big home meet that is great for all the swimmers to race in, and we need all the parents' support and help for it to be a success! If you have not e-mailed which days your swimmer(s) will be swimming, please do so as soon as possible. Thanks!

February 6-8th

Washington Township

Groundhog Invite

IU Natatorium - Indianapolis, IN

I've heard amazing things about this meet. The swimmers and parents alike have a blast. The team tries to stay in the same hotel (attached to the mall), and all go out to eat together after swimming. It's an awesome pool to race in, and a wonderful time for the swimmers to hang out together. If at all possible, please reserve these dates in your calendar! When the date approaches, I will send out an e-mail asking for which swimmers will be able to swim.

Notes from Coach Kat:

Congratulations to all of the swimmers who raced this weekend in Bloomington! I know how frustrating it has been with the pool problems, yet you all have been patient, and were able to get up and race your best! We had so many best times, and really good swims, I couldn't be more proud. Many of our swimmers, in all age groups, were heat winners, and we also walked away with quite a few high point winners from the meet. I will post all of the results on the bulletin board at the pool.

Swimmers of the Week

A special round of applause for our two swimmers of the week...Chloe **Toussaint** and **Nathan Smith**!!!!!!

Chloe is a joy to have at practice and meets. This last weekend she had some outstanding swims, went some best times, and really did a great job! She was also a huge help on the pool deck, with everything from timing, to writing events on swimmers' hands, and making sure the little ones were at the bull pen in time. I don't know what I would have done with out her! Chloe is also an individual who comes to practice whenever she can, works hard, and is a great leader in her lane. Her talent combined with her hard work and leadership make her an important part of our team!

Nathan Smith also had an amazing weekend. He has really started working hard in practice despite how tough it can sometimes be. This showed at the meet when he swam some of his personal best times, which can be hard. Some of the highlights were his 100 backstroke where he dropped 8 seconds, and his 100 free, where he dropped 3 seconds. Nathan is a swimmer who is really good about focusing on technique and wanting to know any way he can possibly improve his swimming. He is fun to be around, and a great swimmer!

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